

topics/issues to examine the impact of social factors and situational variables that influence human development and social interactions/behaviours. Not only do students read about and discuss these social topics/issues but they also make observations about social behaviours in everyday life and reflect on their own participation in social interaction.

**PSY 2110 Social Psychology (3,2,1)**

Prerequisite: PSY 1110 Principles of Psychology

This course is chiefly concerned with understanding the character of the influences of relationships, small groups, and the larger institutions of society. Topics include interpersonal attraction, discrimination, aggression, conformity, group processes and leadership, development of opinions and attitudes, and prosocial behaviour in terms of the thought and feelings of the individual involved. The personal and societal applications of social psychology are examined.

**PSY 2130 Psychology of Work (3,2,1)**

Prerequisite: PSY 1110 Principles of Psychology

This course provides students with the basic concepts in psychology that are essential to the study and understanding of work-related behaviour, facilitating interpersonal communication, coping with work-stress, and managing group decision, and leadership.

**PSY 2140 Coping with Life Challenges (3,2,1)**

This course aims to provide students with background knowledge on the processes involved in adjustment of individuals to their personal and social environments. The course surveys people's responses to major change, conflict, stress, and frustration in life. Emphasis is placed on understanding, evaluating and improving psychological adjustment. Students will have an opportunity to explore key theories, concepts and techniques in psychology concerning personal growth and behaviour change; and apply them to deal with different crisis situations in life. Topics covered include personality, aspects of the self, stress, social influence, interpersonal attraction and communication, emotional expression, transition and trauma, gender roles and differences, sexual expression, workplace challenges and developing healthier behaviours. Techniques for managing stress, reducing anxiety, coping with anger, increasing assertiveness, and achieving self-control are also considered in this course. Students will consolidate and reflect on their learning regularly through case studies of life challenges.

**PSY 2620 Psychology of Personality (3,2,1)**

Prerequisite: PSY 1110 Principles of Psychology

This course aims at stimulating students' thinking in current issues and controversies in the scientific study of personality. It involves a survey of various theoretical approaches to personality: the psychodynamic, behavioural, humanistic, trait, and information-processing. Topics include personality development, personality dynamics and personality assessment. Current research on the personality of Chinese people will be introduced.

**PSY 2630 Abnormal Psychology (3,2,1)**

Prerequisite: PSY 1110 Principles of Psychology

This course provides a survey of mental disorders in terms of the emotional, psychological, and cultural constellation of the person. It involves a survey of various behavioural disorders: anxiety, mood, delusional, developmental and personality. Topics include suicide, schizophrenia and mental retardation. Legal and ethical issues in treatment and therapy are examined.

**PSY 2640 Developmental Psychology (3,2,1)**

Prerequisite: PSY 1110 Principles of Psychology

This course is mainly concerned with understanding the different aspects of psychological development such as physical, perceptual, language, cognitive, emotional, social and moral development. It covers developmental changes from conception to old age including death and dying. Current research on the psychological development of Chinese people will be introduced.

**PSY 3780 Counselling Theories and Practice (3,2,1)**

Prerequisite: PSY 2620 Psychology of Personality

This course provides an orientation to counselling as a scientific study of helping relationship. It involves a survey of selected major counselling theories and techniques. Special counselling areas and populations and ethical considerations are included.

**REL 1210 Major Themes in World Religions (3,2,1)**

This course gives students a comprehensive introduction to the nature and variety of religious belief and practice. Illustrations will be drawn from living religious traditions including at least Buddhism, Christianity, Daoism, Hinduism, and Islam. It allows them to learn, on the one hand, that there are diverse human religious expressions and beliefs, and on the other hand, that religions which appear in different societies across vast periods of historical time share many common concerns.

**REL 1220 Religious Rituals and Practices in Hong Kong (3,2,1)**

This course aims to provide an understanding of rituals and practices of various religious traditions in Hong Kong, their social and cultural significance for the local population. The course will focus on three areas: (1) Chinese religions, including Confucianism, Daoism, Buddhism and popular religion; (2) Christianity, including Catholicism and Protestantism; (3) religious minorities, such as Islam, Judaism, Hinduism and Zoroastrianism.

**REL 1240 Buddhism (3,2,1)**

This is an introductory study of Buddhism, giving a comprehensive view of the historical development and fundamental ideas of Buddhism. While the course puts emphasis on the philosophy of the major schools of Buddhism, it also will give attention to their religious practices.

**REL 1260 Approaches to the Study of Religion (3,2,1)**

This course gives the student an introduction to different approaches to the study of religion—the internal approach that includes textual, hermeneutical and theological studies; the different perspectival approaches, namely, the anthropological, psychological, philosophical, sociological, and religious dialogue that looks at religion and quasi-religions from different angles. The course will consider a number of examples in which the combinations of these approaches, interacting with one another, help students understand what is happening in typical religious acts.

**REL 1270 Problems of Philosophy (3,2,1)**

This course aims to provide a comprehensive introduction to the basic issues and problems of philosophy in both the western and Chinese philosophical traditions. The focus will be directed on various philosophical concepts, problems and attempted solutions, as well as the methodological issues in philosophy, including, where possible, classical and contemporary, Eastern and Western approaches. It is hoped that students will be helped not only to acquire basic knowledge of philosophy, but also to develop their own reflective and critical attitudes and the analytical ability to tackle issues in philosophy.

**REL 1280 Introduction to Christianity and Civilizations (3,2,1)**

This course is an introductory survey of some vast influences that Christianity has had on Western as well as Chinese civilizations. Both its successes and failures will be scrutinized. Topics to be discussed include higher learning, art, modern science, politics, society, war, cross-cultural exchange, etc. It also provides an overview of the major phases of development of Western Christianity.